



SPORTS BOARD
SIDHO-KANHO-BIRSHA UNIVERSITY

CURRICULUM

UNDER CHOICE BASED CREDIT SYSTEM

MASTER OF ARTS (MA)/Science (M.Sc.) PROGRAMME IN

Master of Sports Science (M.S.S.)

	Course Code	Course Title	Credit	Marks
SEM-I	MSSCCT101	Anatomy and Physiology in Sports	4	40+10
	MSSCCT102	Kinesiology	4	40+10
	MSSCCT103	Sports Technology	4	40+10
	MSSCCT104	Kinanthropometry	4	40+10
	MSSCCP105	Kinanthropometry	4	50
	MSSCCP106	Computer Application in Sports	4	50
SEM-II	MSSCCT201	Sports Biomechanics	4	40+10
	MSSCCT202	Science of Sports Training	4	40+10
	MSSCCT203	Exercise Physiology	4	40+10
	MSSCCT204	Sports Nutrition and Wellness	4	40+10
	MSSCCP205	Games and Sports (Practical-1)	4	50
	MSSCCP206	Games and Sports (Practical-2)	4	50
SEM-III	MSSCCT301	Test, Measurement and Evaluation in Sports	4	40+10
	MSSCCT302	Applied Statistics in Sports	4	40+10
	MSSCCT303	Organization and Administration in Sports	4	40+10
	MSSCCT304	Sports Psychology	4	40+10
	MSSMOP305	Yoga and Stress Management	4	50
	MSSOET306	Out Reach Programme	4	50
SEM-IV	MSSCCT401	Injury Management and Therapeutic Modalities	4	40+10
	MSSCCT402	Research Methodology	4	40+10
	MSSCCT403	Sports Journalism and Mass media	4	40+10
	MSSACT404	Add On	4	40+10
	MSSCCP405	Project/Dissertation	4	40+10
	MSSCCP406	Coaching Lesson	4	50